

APPENDIX 5: MARATHONS

MARATHONS

Year	Number of Marathons	Number of States	States Total	Total Overall
1994	1	1	1	1
1995	1	1	2	2
1996	1	0	2	3
1997	0	0	2	3
1998	2	0	2	5
1999	0	0	2	5
2000	0	0	2	5
2001	0	0	2	5
2002	2	0	2	7
2003	2	0	2	9
2004	5	4	6	14
2005	5	5	11	19
2006	7	7	18	26
2007	5	4	22	31
2008	6	2	24	37
2009	2	2	26	39

2010	5	1	27	44
2011	6	3	30	50
2012	7	0	30	57
2013	5	5	35	62
2014	6	3	38	68
2015	11	6	44	79
2016	9	6	50	88
2017	2	0	50	90
2018	3	1	51	93
2019	2	0	51	95

NOTES:

1. It took twenty-four years from start to finish of the fifty states.
2. It shows fifty-one, as it's fifty states plus DC.
3. The fifty states went on my bucket list as a goal in 2004, when racing the Los Angeles Marathon—someone passed me with a shirt that said “I’ve run a marathon in all fifty states.” When I asked about it, I learned there was an online club, and on it went to the bucket list. As such, the quest actually took me fourteen years once set as a goal.
4. One hundred marathons went on the bucket list in 2011, when I realized I had fifty completed, so why not! Expected completion in 2021, which would entail ten years once goal was set. From first marathon, twenty-seven years.

CONTINENTS

1. North America: #1—10/2/94—Portland, Oregon
2. Ironman UK: #29—8/19/07—Lake Sherborne
3. Ironman Australia: #35—4/6/08—Port Macquarie
4. Ironman Brazil: #42—5/30/10—Florianópolis
5. Ironman South Africa: #46—4/10/11—Port Elizabeth
6. Antarctica: #70—2/19/15
7. Great Wall of China: #92—5/19/18—Beijing

The journey covers a span of twenty-four years. The goal was set on the bucket list in 2008 and completed in 2018, taking ten years once goal was established.

MARATHON HISTORY

Date	State Number	City, State	Time
10-2-94	1	Portland, Oregon	4:28:22
1-21-95	2	San Diego, California	3:58:58
7-14-96	n/a	San Francisco, California	4:14:24
3-29-98	n/a	Los Angeles, California	5:14:23
6-21-98	n/a	San Diego RnR, California	4:42:21
3-03-02	n/a	Los Angeles, California	5:20:48
6-02-02	n/a	San Diego RnR, California	4:59:33
1-19-03	n/a	San Diego, California	5:56:44
3-2-03	n/a	Los Angeles, California	5:09:04

3-7-04	n/a	Los Angeles, California	5:11:00
4-17-04	3	Charlottesville, Virginia	5:04:00
5-30-04	4	Coeur d'Alene, Idaho	4:45:00
10-10-04	5	Chicago, Illinois	4:58:50
11-28-04	6	Seattle, Washington	4:46:00
1-9-05	7	Phoenix RnR, Arizona	4:52:00
1-30-05	8	Las Vegas, Nevada	5:22:00
5-1-05	9	Cincinnati, Ohio	5:11:33
10-1-05	10	Bristol, New Hampshire	5:25:00
11-20-05	11	Philadelphia, Pennsylvania	5:15:34
1-8-06	12	Disney World, Florida	5:23:52
3-5-06	13	Little Rock, Arkansas	5:04:35
4-29-06	14	Nashville, Tennessee	5:12:30
5-21-06	15	Wilmington, Delaware	5:02:06
10-29-06	16	Marine Corps, DC	5:21:33
11-5-06	17	New York City, New York	5:12:45
12-10-06	18	Dallas, Texas	5:09:00
4-16-07	19	Boston, Massachusetts	4:42:01
4-28-07	20	Louisville, Kentucky	4:45:00
8-19-07	n/a	Ironman UK	5:33:38
10-7-07	21	Minneapolis, Minnesota	4:58:38
10-13-07	22	Baltimore, Maryland	4:51:29
1-13-08	n/a	Disney World Goofy	5:36:00

2-16-08	23	Myrtle Beach, South Carolina	5:12:00
5-18-08	24	Green Bay, Wisconsin	4:56:00
4-6-08	n/a	Ironman Australia	5:50:34
4-21-08	n/a	Boston, Massachusetts	5:12:44
8-24-08	n/a	Ironman Canada	5:25:00
2-1-09	25	Mardi Gras, New Orleans, LA	5:25:16
9-19-09	26	Top of Utah, Utah	4:36:00
2-7-10	n/a	Surf City, California	4:50:00
4-17-10	n/a	Charlottesville, Virginia	4:57:41
5-30-10	n/a	Ironman Brazil	5:10:00
8-22-10	27	Pikes Peak, Colorado	10:30:00
11-28-10	n/a	Ironman Cozumel	5:15:00
3-5-11	n/a	Ironman New Zealand	4:51:14
4-10-11	n/a	Ironman South Africa	5:14:00
5-1-11	28	Providence, Rhode Island	3:56:59
		<i>*Note: Boston Qualified!</i>	
6-18-11	29	Anchorage, Alaska	4:36:00
10-13-11	30	St. Louis, Missouri	4:20:00
12-04-11	n/a	Las Vegas, Nevada	4:40:00
2-05-12	n/a	Surf City, California	4:38:00
3-25-12	n/a	Ironman Melbourne, Australia	5:44:00
4-16-12	n/a	Boston, Massachusetts	5:50:00
5-16-12	n/a	Orange County, California	4:40:00

8-19-12	n/a	Ironman Mount Tremblant	5:37:34
10-7-12	n/a	Long Beach, California	4:39:00
11-18-12	n/a	Ironman Arizona	5:16:31
6-22-13	31	Charlevoix, Michigan	5:11:00
7-13-13	32	Grandfather Mountain, NC	5:15:00
8-17-13	33	Green River, Wyoming	5:50:00
10-12-13	34	Kona, Hawaii	6:48:57
11-2-13	35	Indianapolis, Indiana	4:58:47
2-16-14	36	Birmingham, Alabama	5:05:00
3-23-14	n/a	Ironman Cabo San Lucas	6:15:00
4-12-14	37	Abilene, Kansas	5:25:00
6-8-14	n/a	Ironman Cairns, Australia	5:58:00
10-11-14	38	Hartford, Connecticut	5:15:00
11-2-14	n/a	New York City, New York	5:32:00
2-1-15	n/a	Surf City, California	5:12:09
2-19-15	n/a	Antarctica	6:15:00
4-20-15	n/a	Boston, Massachusetts	5:07:00
5-10-15	39	Maine	5:34:00
5-17-15	40	Vermont	5:25:00
6-27-15	41	Iowa	5:10:00
8-16-15	n/a	Pikes Peak, Colorado	9:45:00
9-20-15	42	Omaha, Nebraska	5:08:00
10-10-15	43	West Virginia	5:04:00

11-22-15	n/a	Philadelphia, Pennsylvania	5:04:00
12-13-15	44	Tulsa, Oklahoma	6:58:00
2-7-16	n/a	Surf City, California	5:26:00
2-13-16	45	Mississippi	5:45:00
3-20-16	46	Georgia	5:45:00
5-1-16	n/a	OC, California	5:50:00
5-21-16	47	Fargo, North Dakota	5:50:00
7-10-16	48	Missoula, Montana	5:25:00
9-03-16	49	Roswell, New Mexico	5:41:00
10-9-16	50	South Dakota	5:30:00
10-29-16	n/a	Polar Circle Greenland	6:42:00
2-5-17	n/a	Surf City, California (Adam/Mel)	6:07:00
11-5-17	n/a	New York City (For Bon)	6:25:00
4-22-18	51	Ocean Drive, New Jersey	5:41:00
5-19-18	n/a	Great Wall of China	7:47:00
11-4-18	n/a	New York City, New York	5:40:00
2-3-19	n/a	Surf City, California	5:33:00
11-10-19	n/a	Havana, Cuba	5:55:00